

# The Billboard

### A Monthly Publication of the Rotary Club Semuto

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# Message from RI President Gordon

t the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also



something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each

### **Message from District Governor Edward**

rom July's Excitement to August's Expansion
August is here, I cannot believe that July has gone so fast but we thank God for enabling us cross over from July.

July has been very exciting. Allow me to thank all the Rotarians of D9213 and our sister D9214 for overwhelmingly attending the launch of our signature project, and showing up in big numbers. The occasion was very successful kudos to the



organizing committee headed by Rtn Jenifer Mirembe and her great team.

Three days later in the office, I conducted my very first Governors' Visit to RC Kampala South where I was received with pomp and colour, and in that one hour ceremony I came out with \$3000 as a gift to Polio. It is

from then that a lot more has happened, many of you have blessed our district through me, with cheques. With this, I see us hitting our target earlier. Thank you all who have given so far; for that pat on the ellow Rotarians and all Hope Creator presidents, congratulations, to you - to all of us, upon our ascendency to our new roles and new opportunities to serve. In all the meetings I have been to, I see (and hear) excited and upbeat Rotarians keen to execute the goals set to create hope in the world.

As we embark on the journey – to create hope, we should never lose sight of the goals we have set, and must achieve. And one of the tools to use for us to succeed is the **Execution Quotient** –  $\mathbf{xQ}$  devised by Stephen R. Covey, author of the  $8^{th}$  Habit.

As IQ and EQ measure intellect and emotions respectively, xQ measures the execution capability in organisations to accomplish the goals they set. The xQ was used to poll 23,000 U.S. residents employed full time within key industries and in key functional areas. The results were as insightful as they were

### **Editorial**



troubling! Only 37% said they had a clear understanding of their organisational goals; only 1 in 5 was impassioned about the team and organisational goals; only 1 in 5 had a clear 'line of sight' between their tasks and the teams' and organisational goals; only half were satisfied with the work they had accomplished in the week; only 15% felt fully enabled by their organisations to execute organisational goals; only 15% felt they

worked in a high-trust environment; 17% felt their organisations foster open communication that respected differing opinions that result in new and better ideas; only 10% felt their organisations held people accountable for results; only 20% fully trusted the organisations they worked for; and only 13% had high-trust, highly cooperative working relationships with other groups or departments.

There may be other factors which affect execution but the xQ research distilled them to 6 core drivers to execution in any organisation, namely: 1) clarity of purpose or priorities; 2) commitment – buying into the goals; 3) translation – of

organisational goals into individual tasks; 4) enabling - environment of structures and systems to do their jobs well; 5) synergy – people working together; and 6) accountability – holding people responsible for the results they achieve.

As people of action, we should proactively look out for each one of these six execution gaps to avoid breakdowns in the execution of our goals. We should remember that as a century old organisation, our spirit, structures and systems established over the time, shape and strengthen us evermore. Only then will we create hope in our world of continents, communities and in ourselves.

HCP Kaka (Kakaire Fredrick Nyende) is Charter President, RC Semuto.

### RIP Gordon's Message Cont'd from Pg 1

other comfort and care.

These connections are deeply meaningful. The U.S. Surgeon General recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater

focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years, and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.

# R. GORDON R. MCINALLY President, Rotary International

back.

I later proceeded to Northern Uganda starting with Gulu where I discovered that Rotarians in that side of our beautiful country are doing great and impactful projects. This super excited me because Rotary is about impactful life changing projects that we extend to the less privileged of our communities. The blessings my team and I carried from Archbishop Odama and other priests, we remain indebted to my team in Northern region for organizing such a great, meaningful and picturesque events bringing the men of God on board.

I later Proceeded to Arua and I am still amazed at the great inspiring projects. I thank all Rotarians from the greater Northern region for the amazing work they are putting their hands on.

Now, as we step into the month of August, Rotary International celebrates Membership and New Club Development month, a time dedicated to embracing and expanding the global family of Rotarians. This is a special opportunity for all of us to reflect on the impact Rotary has made in our communities and to invite others to join us in creating positive change worldwide.

Rotary's strength lies in its diverse and passionate membership, united by the common goal of service above self. As we focus on membership this month, let us reach out to friends, family, and community leaders to share the inspiring work Rotary does and encourage them to become part of our extraordinary network of dedicated individuals.

New club development is the foundation for Rotary's growth and sustainability. I invite you to explore the possibility of starting a new Rotary club in your area, bringing together like-minded individuals who are committed to making a difference. Together, we can extend the reach of Rotary's impact and continue to serve humanity with compassion and purpose.

Let us embrace the spirit of Rotary in August and welcome new members into our family. By growing our membership and establishing new clubs, we ensure a bright and promising future for Rotary as we continue to create lasting change in the world.

My dear Rotarians, while our year is 12 months, the most productive period is from 1<sup>st</sup> July to 31<sup>st</sup> December so we have to pull our socks higher and higher to ensure that by 31<sup>st</sup> December we have achieved our goals by 80%.

I look forward to meeting all of you on the 27<sup>th</sup> day of August as we run to beat Cancer- One way of Creating Hope in the World.

Edward Kakembo Nsubuga District Governor 2023/24

#### **Meet Our Governor**

dward Kakembo Nsubuga's strong desire for community service made him join the Rotary Club of Kampala Ssese Islands in August 1994. He has, therefore, been a Rotarian for 28 years.

Edward went through all club ranks, serving as President in 2012/13. Fellow presidents elected him as Chair of Presidents, a title that has changed to President of Presidents. In the same Rotary year, members of the Rotary Club of Kampala Ssese Islands voted



Edward as Rotarian of the Year for his outstanding service in Rotary.

Edward served as Assistant Governor in 2015/16

and 2018/19, when his fellow Assistant Governors elected him as Chair of AGs (Dean of AGs).

In the Rotary year 2020/21, he served as Chair of Planning Implementation Monitoring and Evaluation (PIME) for D9211. He is the District Strategic Planning Officer

and District Governor Elect for D9213.

Edward holds a BA in Social Sciences and a MA in Sector Planning & Management from Makerere University.

He formerly worked with the Ministry of Finance Planning and Economic Development at Entebbe International Airport in the Customs and Excise Department. He joined Uganda Revenue Authority as Pioneer staff in 1991 on secondment by the ministry, where he worked till

### **Guidelines For Hosting DG Edward**

- lub must have entered at least 15 of their goals in Rotary Club Central.

  The Club must have paid up semi-annual Rotary International and District Dues for 2023/24.
- The Club President should prepare and share a club report with the DG through their respective AG, at least 2 weeks before the scheduled visit (The AG should copy the report to the DES, LG and the DG's Personal Assistant.
- In case of a project visit, a formal communication should be sent to the DG through the LG at least 2 weeks before the visit.
- The DG's visit is an official scheduled Rotary event that should be independent from any other functions; where external dignitaries or partners are involved; they will form part of the club meeting.
- Where the DG is unable to make the visit as scheduled due to unforeseen circumstances, the club will be notified at least one week before the date and the visit shall be rescheduled. The LG and AG will get in touch with the club president to agree on another date. In case a club is unable to host the DG on the scheduled date due to unavoidable circumstances, the club must notify the DG through the AG and the LG, at least 1 week before the scheduled date.
- Clubs will be met in one seating/assembly involving all members. Exception will be made if the club requests for a separate Board meeting. Clubs with over 30 members will have a separate board meeting and a full meeting/assembly for all members.
- Joint club visits are encouraged where possible. Clubs which have not been listed for joint meetings, but would want to do so should communicate to the DG through their AG and Lieutenant Governor, at least two weeks before the visit.
- Time management is very important. Meetings should begin and end on time. For the evening meetings, the program should end by 8:30 p.m. to allow members return

- safely to their places of residence. Where there is need for a special arrangement, communication should be sent to the DG through the Assistant Governor (AG), two weeks before the visit.
- The AGs should share the club's status brief and report with the DG by email to: nsubuga\_kakembo@yahoo.com, at least 2 weeks before the scheduled visit (copied to the District Executive Secretary (lekobai@gmail.com), Lieutenant Governor (dns@promoteuganda.com), and the DG's Personal Assistant (brethmam@gmail.com).
- The AGs must ensure that all Clubs adhere to these guidelines, and must accompany the DG to all their assigned Clubs during his official visits.
- The DG will not accept any club banner with wrong branding. Clubs must comply with Rotary International branding guidelines and he expects no compromise on this. You are encouraged to use the Rotary Brand Centre or contact the District Branding team for support.
- The DG will accept NO Gifts at all. He is expecting clubs to remit funds meant for his gift to Polio Fund every quarter. Clubs will continue to collect polio funds as indicated in number I8 below.
- This Rotary Year 2023/24, we shall be celebrating our vision bearer for the Rotary Foundation Arch Klumph. The DG is appealing to all Rotarians in the District regardless of level of giving to contribute USD 26.50 seed money that was used to kick-start this humanitarian fund.
- The USD 26.50 is equivalent to UGX 96,000 for each Rotarian which can be paid at once or split over a period of 48 weeks which gives UGX 2000 per week. This will give us cumulative UGX 422,400,000/= which is equivalent to USD 112,640 for seed contributions. The purpose for this is to have NO ZERO giving club and be an ALL-GIVING District. This contribution will be

#### **District News**

### **Guidelines For Hosting DG Edward—Cont'd**

in addition to our generous annual giving to TRF.

The DG emphasizes the power of giving in small amounts as seen by President Barack Obama who raised a fortune that no one has ever raised in the American political history, thus the power of giving in SMALL BITS. All Club leaders from TRF officers, Presidents, AGs, and District Officials should lead from the front, since it is very difficult to tell Rotarians to give when you are not contributed to the Foundation.

The DG is requesting our foot soldiers in the District to ensure that clubs open up 2 registers; one for Polio Fund and another for TRF-USD 26.5. He will be checking through these registers when he visits your clubs. Club Presidents and Treasurers are encouraged to ensure these funds are collected and remitted on quarterly

basis to TRF or through Ms. Beatrice Ngabirano at the Rotary Uganda office to save on exchange loss volatility.

The DG requests Clubs NOT to organize dinner for him, the money should instead be collected for Polio Fund and the Peace Centre, Makerere University and remitted quarterly.

The DG enjoys black tea with ground nuts as well as steamed cassava- his delicacy. In his own words the DG says "Friends, let us walk the talk and ensure that we achieve our set goals by 85%.

I wish you all a great year of Service to Create Hope in the World. "Be the change you want to see in the World" Mahatma Gandhi.

#### Meet Our Governor—Cont'd

2004. He then opted for early retirement to go into Private Sector.

Edward is a Board member and Shareholder at Lubya Agali Awamu Microfinance Credit Fund. He also serves on the Board of Orchard Agencies Ltd, Rider Group of Companies and Virgin Investments Uganda Ltd.

Edward is the founder and CEO of TTB Investments Ltd, a printing and publishing firm on Nkrumah and Nasser roads. He is also a commercial tree farmer and cattle keeper in Nakasongola District.

Edward is a Major Donor Level 2 and a Paul Harris Society member. Edward is a family man married to Norah with whom they were at High School. They are blessed with five biological children and 21 children of the world have gone through his hands.

Edward strongly believes that there must be life outside work. He, therefore, enjoys reading books, especially business-related ones. He is a football enthusiast and supports KCCA and Manchester United.





#### **District News**

### AG Beliah's Message to Hope Creator Presidents, Area 16

congratulate you on your election to serve as Club President. The Club President's role is one of the most critical roles in Rotary service. This is because all service effort happens at Club level. Also the Club is the nucleus and center of the fellowship spirit which is one of the basic tenets of Rotary. I urge you to take it seriously and engage

to the best of your abilities. There is a reason why your club members chose you. Don't prove them wrong.

The theme for this year revolves around Creating Hope. However as Rotary International President R. Gordon R. McInally told us in his theme address, we are building on what has been achieved from the previous years. So as you work to "create hope in the world"; keep "imaging Rotary", "serving to change lives" and "creating opportunities". Rotary themes are meant to be complementary not fragmented. RIP Gordon also implored us to aim to create change in ourselves. Leading your club members opens up a once in a lifetime opportunity for learning.

Most of us may have been exposed to leadership roles in our Professional and family lives. Few have led vibrant and engaging service organizations like Rotary. You will realise that your basic tool is influence and not control. Engage this role - in communication, mobilization, planning, and in several other ways. At the end of it you will emerge a better leader. District Governor Edward Kakembo has requested us to shine a light on the boy child this year. What foresight! As you know we have been looking at Basic Education and Literacy (BELEP) during the year 2022-2023. Don't look at this as fragmentation. No. Rather look at it and indeed lead your club to look at it as a continuation. As we visit Schools to follow up on our BELEP initiatives we can now focus on the boy child. Through these

school contacts we could engage to identify other initiatives to advance the Boy Child efforts.

I will drop a few tips that you may actually know already:

**Plan:** Luckily most Rotary programs are scheduled well ahead of time. Some years ahead, some months ahead and some weeks ahead, very few come as a surprise. Merge this rotary spirit of planning into your person-

al effort and plan well. Planning makes an ordinary person look a genius as PDG Steven has told us many times.

Visit: Factor visiting other club meetings into your Rotary schedule. We pick lessons and build corroboration through engagement with other Rotarians. Rotary is a community and communities thrive on networking. It will also help build visibility for your Club. In addition, you will generate a strong contact base from which to get support when needed. Most issues that will arise at your club have happened elsewhere. There are lessons to pick from.

**Invest:** It will require investment - both time and financial resources. Prepare for that. Voluntary effort is better mobilized by leading from the front.

Advice: Be very open to advice from your leadership team, the Board as well as the members. There is almost nothing that can be implemented without consensus. It's a voluntary organization albeit with rules.

When required by the regulations be ready to firmly implement the rules as stipulated in your Club bylaws as well as the broader Rotary guidelines. Lapses in this area will slacken progress in other important areas.

I wish you a successful year of service. I will be available when required to offer support.

Rtn. Beliah Bashabe is a member of RC Port Bell. He is the Assistant Governor for RC Semuto

#### **District News**

### **Club Qualification Guidelines for TRF Grants**

reetings, Hope Creator!

Please receive club qualification guidelines and supporting documents from the qualification chair.

Audited accounts for 2021/2022, the "Change Maker" year, by a reputable firm approved by ICPAU

Club assembly resolution approving the audited accounts, complete with an attendance list Filed returns with the Uganda Registration

Services Bureau (URSB)

Payment of RI and district dues as per the club invoice for 2023/2024

Signed MoU by President and President-elect. Club resolution to take part in global grants, complete with the attendance list

Attendance of grants seminar (as per the district trainer attendance list)

No outstanding reports for ongoing global grants

No stewardship issues currently about the club A financial management plan

Clubs must be registered as companies limited by guarantee

NB:

A qualified club can be subsequently "unqualified", especially in breach of items 7 and 8 above.

It is advantageous to qualify within the first quarter of the Rotary year

During the second quarter, audited accounts for 2022/2023 will be an additional requirement.

Qualification for clubs is NOT just for application for global grants. It is financially hygienic.

It makes business and common sense. In a nutshell, it is good manners. We can do this. LET'S GO ABOJJO NA' ABAISIKI. Let's go!!!

For further inquiries, please contact the district qualification chair, PAG Peter Isabirye, at 256772306578 or email drimpinc@gmail.com. Warm regards,

Gerald Obai District Executive Secretary Rotary District 9213Tel + 256 (0) 772305621/0701661517

Email: lekobai@gmail.com

Website: https://rotaryd9213.org/

### D9213 and 9214 To Hold Separate Conferences in April 2024

fter careful consideration and consultation with our partners, D9213 and 9214 will hold separate District Conferences in April 2024. This followed an extensive evaluation of the joint 98<sup>th</sup> District Conference. Ensuring a well-organised District Conference while giving the conference participants the best experience has been at the heart of this decision.

The D9213 99<sup>th</sup> District conference will be at the lush Commonwealth Speke Resort Munyonyo from 18th – 21<sup>st</sup> April 2024.

The team is working round the clock to ensure the delegates have the best experience during the conference. All delegates will be assured of a more focused and personalised experience. Tailored programming to meet the unique needs and interests of Rotarians, Rotaractors and

guests is in place to allow a more engaging and fulfilling experience for all. This will be an opportunity to showcase our clubs' undertaking.

The registration link that was shared earlier remains operational. Early bird discounted rates remain at USD 200 (Rotarians) and USD 100 (Rotaractors). To those who already paid and registered, you do not have to register or pay again.

We look forward to a worthwhile 99<sup>th</sup> District Conference.

By Rtn. Robert H. Kiggundu, District Conference Chair

# Club & Community News

### Rift Valley Fever Breaks Out in Nakaseke District

here's a confirmed outbreak of the Rift Valley Fever (RVF) in Nakaseke District, and Kinyogoga sub-county in particular with one confirmed death and several unconfirmed suspected cases.

RFV is one of the acute arthropod-borne viral hemorrhagic fevers for both humans and livestock that can cause mild to severe

symptoms. The virus is believed to r

in the Rift Valley region

have originally been confined

of Eastern and South-

ern Africa – and hence its name. The virus is ≺

maintained in our

communities by circulation between mosquito

vectors and susceptible do-

mestic or wild ruminants or even

by vertical transmission within Aedes species of Mosquitos. Humans are readily infected with the virus via exposure to: Aedes and Culex mosquito bites; tissues or fluids from infected animals and aborted fetuses; and aerosolized blood from infected animals during Slaughter. Consequently, farmers, herdsmen, veterinarians and slaughter house workers are extremely at higher risk of the virus.

Our communities are encouraged to look out for these signs in animals: abortions of fetuses at different gestation stages, and high mortality rates of calves; while flulike illness, rigor, severe muscles and joint pain, transient fever and photophobia are characteristic of RVF infections in humans.

FDA is yet to approve any treatment for RVF both in animals and humans. Manage-

For control and prevention, communi-

ties are encouraged to follow

areas close to the outbreak; use

ment is usually supportive and depends on the clinical signs displayed by the patient hence the urgent need to seek for medical advice/facility once the above symptoms are manifested.

these guidelines: vaccination

Communities are encouraged to look out for these signs in animals: abortions of fetuses at different gestation stages, and high mortality rates of calves; while flulike illness, rigor, severe muscles and joint pain, transient fever and photophobia are characteristic of RVF infections in humans.

these guidelines: vaccination of the non-exposed livestock close to the outbreak; vector (Mosquito) control through larviciding measurers; banning animal movement especially

of protective gears during handling of livestock and its products; community sensitization about the epidemiology of the disease; and public health education and risk reduction.

We will endeavor to create hope in our communities and in ourselves as we onboard the "ONE HEALTH" approach in combatting the threat posed by one of the deadliest hemorrhagic fevers in the world.

Rtn. Dr. Kisitu George William is the Senior Veterinary Surgeon Nakaseke District and CEO – UGAVET International Ltd. He is also the Club Administrator, RC Semuto. He is reachable on: +256771472127/+256756595681 or email: drwilliamskisitu@gmail.com

### Club & Community News

#### RC Semuto Partners with RC Rubaga, By HCP Kaka

ighteenth July
2023 will be
eked for good in
the memory of
the newly chartered Rotary
Club of Semuto as the day
we embarked on executing
our first international project as a club.

RC Semuto of District 9213 and RC Rubaga of District 9214 agreed to work together as partners, to serve the community of Semuto. The two clubs will be working on two projects: 1) building an incinerator at Semuto Health Centre IV; and 2) providing a 10,000 water harvesting tank at St. Andrew Bbagwa Primary School in Semuto.

DG Francisco was there in person to break the ground where the incinerator will be built. The incinerator project will solve the problem of managing the medical waste for the entire district of Nakaseke. Earlier, Dr. Simon Aliga, the District Health Officer, Nakaseke District, had becried the biting problem of ferrying medical waste to Nakaseke hospital where the only incinerator in the entire district is.

Dr. Aliga expressed gratitude to Rotary for the support to solve one of their biggest challenges – the

management of the highly infectious medical waste.

DG Ssemwanga described Rotarians as people who

do not lament, but "people of action" who unite and act on societal problems. "We are not here to blame government because we are the government. But we are here to compliment government effort. We can't do everything - just like government can't do everything; but we are happy with whatever little contribution we make to make someone smile", he said.

At St. Andrew Bbagwa, DG Francisco officiated the delivery of the 10,000 Water Tank. Of the many challenges the school faces, harvesting rain water will go a long way in providing the school with access to clean water.

In her welcoming remarks, Janet Nkonge, the school's head teacher told the audience that the school was founded by the late Mrs. Teddy Kaddu. Teddy Kaddu was mother to PAG Betty



Mwesigwa a member of RC Rubaga. In her own remarks, PAG Betty emotionally remembered her family's contribution to founding the school. She said, in addition to teaching during her Senior Four holiday, her mother would also engage them in other activities such as making the bricks for the school's only classroom block then.

DG Francisco encouraged parents to desist from negative practices which fail government programs, but instead, to take their children to school to make more 'Mwesigwas' who will give back to society. "The future will be digital and so we need digital literacy; without which, the future will be challenging for the uneducated. Own the projects initiated by Rotary- they benefit you. If one or two ridges are missing for the proper harvesting of the water, don't wait for Rotary to come back and fix it" he said.

DG Francisco thanked PAG Betty Mwesigwa and her late mum for founding the school. He offered a bursary to the pupil who will emerge best in the year's Primary Leaving Examinations. The best pupil will study for free in one of the DGs prime schools in Mpigi from Senior One to Senior Six.

The DG's Official Visit ended with a lunch fellowship at De Kaash Hotel in Semuto.

# Club & Community News

### The Climate Change Phenomenon, By Rtn. Patrick Kibaya

limate change is a global threat affecting every sector of life and ecosystems. Attributed to increase in human-derived greenhouse gas (GHG) emissions that lead to global warming, climate change, and its impacts, is reflected in form of: (a) increased frequency of extreme events,

such as destructive floods and landslide; and (b) slow-onset events, such as melting of glacier, prolonged drought as well as pests and diseases.

These incidents directly impact rain-fed agriculture and the livelihoods of majority of the population especially in developing countries. Many Sub-Sahara African (SSA) countries are vulnerable to climate change (Williams *et al.*, 2015) owing to their low capacity. According to Jones and Thornton (2008), climate change may result in a drop in Uganda's crop net revenues of up to 90% by 2100.

Realizing that changes in the earth's climate and its adverse effects are common concern of humankind, the global community in 1992 established the United Nations Framework Convention on Climate Change (UNFCCC) as the global policy to address climate change and its impacts. "The ultimate objective of the Convention and any related legal instruments that the Conference



of the Parties may adopt is to achieve stabilization of greenhouse gas concentrations in the atmosphere at a level that would prevent dangerous anthropogenic interference with the climate system, to ensure that food production is not threatened and to enable economic development to proceed in a sustainable manner." (UNFCCC Secretariat, 1999).

Uganda ratified the Convention in 1992. As noted above, the main driving force for climate change is human activity. A local example in 2010, Nakaseke had 181kha of tree cover, extending over 52% of its land area. In 2022, it lost 3.95kha of tree cover, equivalent to 1.93Mt of CO<sub>2</sub> emissions. This translates to the changing rain patterns, and increased long dry spells as well as drought in Nakaseke

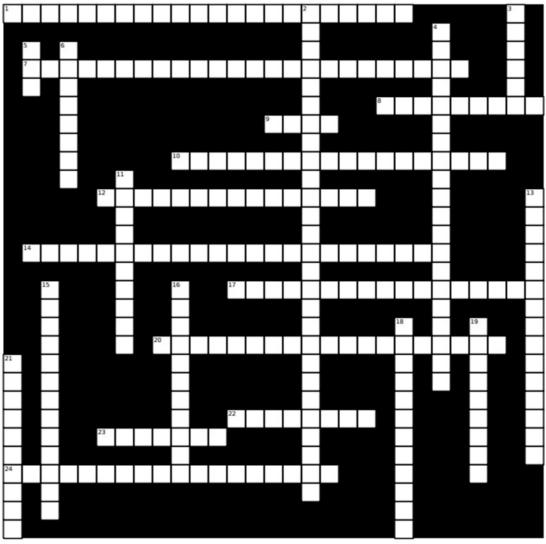
Adaptation is a concept on how we can live with these changes, for instance irrigation through the increased drought, solar drying etc. We shall be discussing some of these interventions in the coming issues. Watch this space.

Rtn. Patrick is an environmentalist, Climate Change Researcher, Delegate to the UNFCCC

Vice President and President Nominee, RC Semuto.



# The Rotary Crossword Puzzle



### Across

- Gives to TRF \$10,000 or more
- RI theme of the year 2023/24 Represents honesty and 8
- accountability as a core value Rotary month for Maternal and Child Health
- 10 RI Director Zone 22
- 12 RI President 2023/24
- 14 Rotary clubs from two or more countries uniting to serve one of their communities
- 17 Gives at least \$100 per year towards the Annual Programs Fund
  Is Trustee Chair Elect
  Committee responsible for projects

- 23 Rotary month for Community
- Economic Development
  24 Individual who, or in whose name contributes \$1,000 to TRF

#### Down

- contributes \$1,000 severally to TRF
- Rotary month for Membership & Extension
- Is Past Lieutenant Governor
- Non Rotarians who share Rotary's values and commitment to service
- Rotary month for Disease Prevention and Treatment
- 11 General Secretary and CEO of RI and TRF
- 13 Make dreams real was his RI theme
- Is Lieutenant Governor D9213
- 16 District Executive Secretary
- 18 District Chair for Membership 19 Rotary month for Basic Education and
- Literacy
- 21 RI's longest lasting and flagship project, since 1985.

Please turn to Pg 17 for the answer key

# The Rotary Norms (English/Luganda)

English	Luganda			
Rotary Grace	Okwebaza			
Lord God, we thank you for the good	Mukama Katonda, tu kwebaza olw'emikwano			
company and pleasant conversations of	n'embozi empomu gyetulina neba na Lotare			
our fellow Rotarians and guests.	n'abagenyi baffe.			
May we be always thankful and ever	Otubeere okwebazanga n'okujjukira abo abali			
mindful of the needs of others	mu bwetaavu.			
Amen	Amiina.			
The Loyal Toast	Okwagaliza			
Fellow Rotarians and all our guests, let	Ba na Lotale n'bagenyi baffe, twagalize			
us toast to the good health of the	Pulezidenti obulamu obulungi.			
President.	and Property of the Control of the C			
	Okudamu			
Response	Eri ow'ekitibwa Pulezidenti w'eggwanga			
To his excellence the President of the	Uganda.			
republic of Uganda.				
The Four Way Test of the things we	Oku gezesebwa okwe'mirundi ena mu bye			
think, say or do:	tulowoza, bye twogera oba bye tukola:			
<ol> <li>Is it the truth?</li> </ol>	<ol> <li>Ge mazima?</li> </ol>			
2. Is it fair to all concerned?	<ol><li>Bwe bwenkanya eri abo</li></ol>			
<ol><li>Will it build goodwill and</li></ol>	bekikwatako?			
better friendships?	<ol><li>Kinazimba okwagaliza okulungi</li></ol>			
<ol> <li>Will it be beneficial to all</li> </ol>	n'emikwano emisukulumu?			
concerned?	<ol> <li>Kinaba kya mugaso eri abo be</li> </ol>			
	kikwatako?			

The Object of Botom	Eldon billions Inval I atom				
The Object of Rotary The Object of Rotary is to encourage	Ekirubilirwa kya' Lotare				
and foster the ideal of service as a	Ekirubilirwa ky'a Lotare kwe kuzzamu amanyi				
basis of worthy enterprise and, in	n'okutumbula endowoza y'obuwereza, naddala,				
particular, to encourage and foster:	okuzzamu amanyi n'okutumbula:				
<ul> <li>1st The development of acquaintance as an opportunity for service;</li> </ul>	<ul> <li>Ekisoka, enzimba y'okumanyagana nga omukisa gw'obuwereza;</li> </ul>				
	<ul> <li>Eky'okubiri, omutindo ogwe'kika ekya</li> </ul>				
<ul> <li>2<sup>nd</sup> High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;</li> </ul>	wagulu mu milimu ko n'obukugu; oku siima omugaso gw'emilimu emirungi; n'okusamu ekitibwa omulimu gwa buli mu na Lotale nga omukisa okuwereza abalala;  • Eky'okusatu, enkola ey'endowoza y'obuwereza mu bulamu bwa buli muna Lotale, mu milimu gye, ne mu bitundu bya ffe;				
3 <sup>rd</sup> The application of the ideal of service in each Rotarian's personal, business, and community life;      4 <sup>th</sup> The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.	Eky'okuna, entumbula y'okutegera ku mutendera gwensi yona, okwagaliza okulungi, n'emirembe okuyita mu bwa sseruganda munsi yona, ey'emilimu, n'obukugu bw'abantu abegatidde mu ndowoza y'obuwereza.				
Final Toast	Okwagaliza Okusembayo				
let's toast to Rotary International	ka twagalize Lotare eyensiyona				
Response	Response				
To Rotary the world over.	Eri Lotare ebuna munsi yona				

### **Edutainment Corner**

### Joke of the Month

The wife's mother rushed into the maternity wing to find out how her daughter was progressing. As she entered the waiting room, she spotted her son-in-law. Unbeknown to her, he was listening to the cricket on his IPod. "How's it going?" she asked anxiously. "Not bad," he smiled, "they've got four out and there's only one to go." "Aaah," she screamed, and fainted.

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#### **Quote of the Month**

Leadership is the capacity to translate vision into reality.

#### **Warren Bennis**

### Buteza—Buddy Group in Charge







Rtn. Rose



Rtn. Edith



**CP Kaka** 



Rtn. Harriet

### Our August Program

	August Club Calendar			
Sunday 6 <sup>th</sup>	Presentation on Boy Child Project – HCP Kaka			
Friday 11 <sup>th</sup>	Club Retreat /Club Assembly /Strategic Planning			
Sunday 13 <sup>st</sup>	Presentation on Membership by CMP Paul			
Friday 18 <sup>th</sup>	Club Board Meeting			
Sunday 20 <sup>th</sup>	Presentation on Cancer Run Preparations – PR. Tadeo			
Sunday 27 <sup>th</sup>	Rotary Cancer Run in the morning			
Sunday 27	Presentation on Membership			











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### **Our Photo World**















# Make A Date with A Club

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM		Kampala Early Bird	Kampala Sunrise	Bugolobi Morn- ing Tide Kampala Maisha	Kampala Day- Break	E-Club of Ntinda  Kampala Morning Stars  Kibuli	
8:30 AM							Kampala Morning Glory
12:40 PM					Kampala		
12:45 PM		Mengo					
1:00 PM		Jinja City	Rubaga	Kampala West			Kampala City
3:00 PM	Sonde			Yumbe			
4:00 PM	Kiwenda						Bukedea
5:00 PM	Bulindo Gayaza Kyanja Metro Semuto		Kabulasoke Gomba				
5:30 PM				Tororo			

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 PM		Kampala North	Acacia-Sunset- Kampala	Arua	Bugiri	Bweyogerere Cen- tral Kampala 7 Hills	
		Kampala South	Iganga	Jinja	Fort Portal	Kampala Kawempe Kampala Kibuli	
		Njeru	Kampala Wandegeya Soroti Central	Kabarole	Gulu	Kampala Metropol- itan Tororo Sam Owori	E-Saturday
			Kihihi	Kampala-Central Kasana-Luwero Kigumba	Hoima-Kitara	Kireka Movers	
			Kololo-Kampala	Kumi	Kampala Springs Kayunga	Nkumba	Evening Jaz IF
			Lira	Lugogo Mango Tree Koboko	Kampala Ssese Islands		
			Makindye	Metro	Kitante		
			Masindi	Mubende	Kitgum		
			Mbale	Nansana	Mbale Metro- politan Source of the Nile Tororo		
			Wobulenzi	Ntungamo			
6:30 PM		Nakawa	Bweyogerere- Namboole Butabika Royals Kampala- Impala Kyadondo	Rotary eClub Literacy IF		Naggalama	
6:45 PM				Kyambogo- Kampala			
		Kampala – Naguru	Arua Eco City	E-Club of Nagu- ru	Bugolobi	Kampala Palms	
		Kampala Mun- yonyo	Bukoto	Kira	Gaba	Kasubi	
		Kasangati	Buloba	Kiwatule	Kampala	Kiteezi	
		Mukono Cen- tral	Kampala Naalya	Mukono	Kampala East	Manyangwa Nakwero	
7 00 DV		Namasuba	Kiboga		Makindye West	Ntinda	
7:00 PM			Kisaasi-Kyanja		Najjeera		
			Lugazi Central		Namugongo		
					Nateete		
					Nsasa		
					Ntinda Metro- politan		
					Seeta		
					Wakiso		

### RC Semuto, Our club

otary is the world's first service organization, made up of nearly 33,000 clubs in more than 200 countries and geographical areas. Its members, called Rotarians, are ordinary men and women from business, community and professional backgrounds, impassioned with the desire to serve their communities and the world by volunteering their time, treasure and talent. Rotary's motto, *Service Above Self*, exemplifies is the humanitarian spirit for the world.

As RC Semuto, we joined Rotary on 15<sup>th</sup> May 2023. While we are the only club in Nakaseke district we're positioned to serve far-flung parts of other neighboring districts like Luwero, Wakiso, Nakasongola, Masindi, Kyankwazi, and Kiboga.

Semuto and its environs was battle ground to the 1980-85 war where thousands of lives and property were lost. Consequently, the community is yet to fully recover in almost all areas of life including basic education and literacy; water and sanitation; conflict management, and fighting diseases, etc.

In joining Rotary, you are joining people of action who unite to create lasting change across continents, communities and in ourselves.

For advertisements, inquiries or contributions, please connect with us via:

Email: the bill board@gmail.com

Whatsapp: 0705-090227/0775-409914/077-4388334

### **Answers to August Crossword Puzzle**

Across: 1-Bequest Society Member; 7- Create Hope In the world; 8-Integrity; 9-July; 10-Patrick D Chisanga; 12- Gordon McInally; 14- World Community Service; 17-Sustaining Member; 20- Mark Daniel Maloney; 22-Projects; 23-October; and 24- Paul Harris Fellow

**Down:** 2- Multiple Paul Harris Fellow; 3-August; 4-Julie Kamuzze Musoke; 5-RCC; 6-December; 11-John Hewko; 13- Dong Kurn Lee; 15-David Nsubuga; 16-Gerald Obai; 18-Paul Nampala; 19-September; and 21-Polio Plus

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