

A Monthly Publication of the Rotary Club Semuto

Volume 1, Issue 08

Sunday 12th February 2024

IN THIS ISSUE:

RI President's Message 2 **Editorial** 3 DG's Message 4-6 **Rotary Interna**tional News 7-11 District News Club & Com-12 munity News Crossword 14 Puzzle **Rotary Norms** 15 Edutainement 16 Advertise-17 ments Our Photo 18 World 19 Date with a Club 20 RC Semuto, Our Club

RI President's Message: A Virtuous Cycle

am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

The top suggestions are illuminating. Rotary members are asking for more fellowship, camaraderie, conversation, cohesiveness, and connection. They also want more recognition, validation, and integration. They are seeking more service opportunities, and they want more wellness activities, including mental health speakers, awareness efforts, and education.

Our members not only



appreciate the greater focus on mental health, but they also believe that making more of the Rotary experience will materially improve their lives. I find it interesting that members are not asking anything dramatically new of their club — rather they want more of what we do best. For example, connection can be improved during meetings simply by assigning seating once each month to encourage people to speak with someone new.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. Public health experts worldwide are concerned about increasing levels of loneliness the U.S. Surgeon General has even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to create greater connectedness. This is what Rotary is all about. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.

Second, if your club has found new ways to

Editorial

Revisiting The Male And Father Connections In Community And Family Conflicts, By HCP Kaka

breaking down and in the process disintegrating local and global communities.

By family life, I am referring to the collective life style lived by family - the smallest people group of society. A family unit is hereby understood the group of people related by blood, marriage or adoption.

ncreasingly family life as we know it is

Family breakdown occurs when family life fractures, ceases or breaks down. The consequences of family breakdown have manifested differently including the unfolding boy crisis in our midst. The rate at which our boys are dropping out of school, committing crime, or ending up in prison is not only alarming, but also pointing to a male connection. Males are responsible for the world's major crimes: 100% rape, 95% burglaries, 94% drunk driving, and 91% of offenses against the family.

Men who go on to beget children (whether in or outside a family context) become fathers. But where they are absent - physically or psychologically, society suffers from this absence a phenomenon known as fatherlessness – another social crisis!

Fatherless homes are responsible for 90% homeless children; 85% delinquent behaviour; 80% rapists; 71% school drop outs; 70% juvenile offenders; and 63% suicides. No wonder then, Dennis Rainey author of Stepping Up states: "The greatest predictor of a child drop-

ping out of school, committing crime, or going to prison is a home without day."

If men and fathers in particular are responsible for the world's community and family problems, should they not be part of the solution? And where does one turn for answers other than to Rotary - the people of action?

Now that we know the why question, all other questions are easier to deal with. But most importantly for Rotarians the ultimate question is fulfilled in our object of Rotary: "to encourage and foster the ideal of service as the basis of worthy enterprise"; and in particular the first and fourth elements of the object.

In pursuit of our object, the people of action we are, should unite and take action to strengthen fatherhood and family, which should ultimately strengthen communities both locally and globally.

As we highlight our contributions to promoting peace and resolving conflicts this month, let us execute our strategic priorities on impacting, reaching out, engaging and adapting through the different opportunities available.

Such opportunities include forming Rotary International recognised fellowship (and action) groups to pursue common interests (and offer expert action) to strengthen family life. In so doing we will not only solve many of the world's problems; but creating hope and keeping the hope sustainably.

HCP Kaka (Kakaire Fredrick Nyende) is Charter President, RC Semuto.

Rotary International Fellowship for Family Rotarians					
What?	Invitation to join and form the International Fellowship of Family Rotarians				
Why?	Families are increasingly becoming dysfunctional due to fractures inflicted at home - leading to ills like the unfolding Boy Child Crisis with political and socioeconomic implications. The primary purpose for IFFR therefore, is to leverage international friendship to strengthen families, communities, and the global society.				
Who?	Rotarians, Rotaractors and all with a common interest to strengthen family life				
Contact?	HCP Kakaire Fredrick Nyende, Rotary Club Semuto. Ph: 0752-222-822 Whatsapp: 0774-388-334 Email: kakairefn@gmail.com	District Chair Blessing Owomugisha, Fellowships and Action Groups. Ph: 0784-437-870	AP Moses Ssebagala, Rotary Club Kasangati. Ph: 0772-437-615 0775-437-615		
Creating and Keeping the Hope Sustainably					

RI President's Message Cont'd from Pg 1

build connection, please share your stories with us at mindhealth@rotary.org so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.

Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections.

Let's continue this virtuous cycle.

R. GORDON R. MCINALLY President, Rotary International

DG Edward's Message: January - Mega Everything, Celebrating Heroes and Beyond

anuary has been a busy month filled with events. It's also the time when Rotary International encourages us to recognize individuals in our communities who go above and beyond, showing selflessness and making a positive impact. We do this by giving out vocational service awards. I want to congratulate the clubs that have already participated in activity

and encourage others to join. We encourage selfless persons out there to be recognised those who have gone an extra mile in Creating Hope in our Communities by Serving Above Self.

Recently, I attended a meeting hosted by the Rotary Club of Kampala Central, where all clubs that meet on Wednesdays, both in our district and our sister District 9214, came together. It was an amazing gathering that allowed us to share lessons and learn from each other. I want to extend my gratitude to our PoP Dorothy Kyeyune for organizing such a fantastic event as well as our host HCP Wanji Francis. It's also important to acknowledge and thank our colleagues from District 9214 for their ongoing support since this Rotary Year began. Despite our physical separation, we remain united in spirit and purpose.



I also had the opportunity to attend the Eastern Mega Fellowship, which was truly impressive. Attendance was higher than ever, the speakers were excellent, and the organization was top-notch. It was inspiring to see all the District Governors (John, Mike, DGE-Anne, and DGN-Geoffrey) coming together in solidarity. These experiences remind me of the greatness within Rotary. I have also noticed that clubs in the Eastern region, though not vocal about

their impactful projects, have amazing work going on. I encourage them to share their projects in publications and online platforms to showcase their contributions code named "Tell your story" Projects like BCUP, focusing on youth skill development and mentorship, exemplify the essence of Rotary.

As we enter February, I urge everyone to stay focused and continue working towards our goals for the year. Let's keep the momentum going.

And speaking of big events, the Northern Mega Fellowship is coming up soon from 1st to 3rd March. How about if we all make an effort to attend and make it another memorable gathering?

I will pen off by saying "Keep Hope Alive" as we continue Creating Hope in the World.

Edward Kakembo-Nsubuga District Governor

International News

Simply irresistible: President-elect Stephanie Urchick sees Rotary's Action Plan as key to a vibrant future

Leaders from Rotary's 518 districts worldwide gathered in Orlando, Florida, USA, on 7-11 January for the 2024 International Assembly, which helps prepare and inspire the governors-elect for the year ahead. The annual training is focused on how to increase Rotary's impact and relevance, and it provides innovative ways to keep membership strong, vibrant, and growing. Rotary magazine recently spoke with Urchick about her vision for the 2024-25 Rotary year. Interview by Diana Schoberg

t's late October at One Rotary Center, one of those autumn days that feels like summer, a last blast of warmth before the Chicago-area weather abruptly shifts. In less than a week, on Halloween, nearly an inch of snow will fall.

Luckily, Rotary President-elect Stephanie Urchick isn't one to wither in the face of change. Instead, she embraces it. On the bookshelf in her office at Rotary headquarters, among the club directories and banners, the commemorative plates and plaques, and — surprise! — even some real books, there is a wooden sign adorned with multicolored leaves that reads, "Fall is proof that change is beautiful."

"It's the same reason I like butterflies," explains Urchick. "They start out in little cocoons and don't look like much, but then they burst out and become a beautiful creature."

Urchick, who wears an Action Plan pin this day on her black quilted jacket, champions the Rotary plan as a guide for Rotary clubs hoping to undergo a similar metamorphosis. "I'm all about helping clubs look for ways to change their culture so they become simply irresistible," she says. "If you look at our worldwide numbers, there's something like 150,000 people who come into Rotary every year, but there are 160,000 who leave. What that says to me is that some people are not finding value in their club experience. They're not really leaving Rotary; they're leaving a Rotary club. We need to get clubs to examine what's happening."

A member of the Rotary Club of McMurray, Pennsylvania, Urchick joined Rotary in 1991 and was quickly drawn to the work of The Rotary Foundation. As a new member, she heard about Rotary's work to eradicate polio and became intrigued. She became the Foundation chair for her club and then for her district. Later, at the zone level, she served as a regional Rotary Foundation



coordinator, focusing on fund development, and in 2012-14, she was a Rotary Foundation trustee at the international level. "There are so many great things that Rotary clubs do, and much of it is because they have worked through the Foundation," she says. As fall teetered between summer and winter, Urchick sat down with *Rotary* magazine senior staff writer Diana Schoberg to talk about her past and Rotary's future.

You'll be the second woman to serve as president of Rotary.

Should we even be making that distinction anymore?
From my perspective, no. It's

about being the best leader for the time. However, I also recognize

that people, especially women, will look to the position of Rotary president, and if they see a woman, they'll say, "Wow, if that's somebody who could do it, maybe I could do it too." I'll also be one of only a few Rotary presidents who have been single while in office. Lots of people come up to me and say, "I'm single too, and it's so great that you're in the position." To me, having a spouse does not determine whether you're qualified for this role. But again, it does mean a lot to people to see someone in this position who looks like them or who has the same life status as they do.

It's like another element of diversity. Do you think the view of diversity at Rotary has shifted over the past few years?

Diversity has always been one of our core values. But I think the way we've measured diversity has definitely changed. Today it means so much more than it did 40 years ago when we were an all-male organization. For instance, we now ask people to look at their community and see if their Rotary club mirrors that community. That could mean all kinds of things. It could be age; it could be gender; it could be religion or political affiliation. It could include things like a different perspective, the fact that people think differently. If

International News

Simply irresistible: President-elect Stephanie Urchick sees Rotary's Action Plan as key to a vibrant future

your club mirrors the community, then you really have a handle on the future. And if it doesn't, you have an opportunity.

You became a Rotary member in 1991, shortly after women were allowed to join. Why did you join and why did you stay?

Well, I was recently divorced. And when you are married, you tend to do a lot of things together. You go out to dinner together, you go on vacation together, and so on. I suddenly didn't have that. Much like Rotary founder Paul Harris, I was looking for ways to meet new people. A woman walked into my office and asked me about going to a Rotary club meeting with her. I didn't know anything about Rotary, but when she talked about the service and the internationality, I got interested. So I went, and I ended up joining.

Originally for me, it was about the fellowship. I wanted to meet new people. And I did; I met all kinds of people. But I also immediately got involved in service activities. By the fourth meeting, I was doing the newsletter, so I was already doing club service. That club was active in Rotary Youth Exchange and Group Study Exchange and Rotary Foundation grants. It was all amazing to me. So like most people, it was the service that kept me engaged in Rotary.

Why did you want to become Rotary president — and what makes you the right leader for the organization right now?

Becoming Rotary's president was never really on my radar screen. I've served Rotary in so many different ways over the 30-plus years I've been a member. A special opportunity that really shaped my thinking was chairing the Strategic Planning Committee. We had the chance to look at the organization's strengths and weaknesses and reach out to the Rotary and non-Rotary world to get information about what people thought would move us into a thriving future.

Rotary had had the same meeting model for decades. We met four times a month; we rang the bell; we took attendance, etc. Clearly the world had changed, but we hadn't. We really needed to catch up! Now we have e-clubs and passport clubs and satellite clubs and corporate clubs, all different opportunities for people to come into Rotary and to serve.

I started to look at all of that, and I realized that we are positioned to move into a thriving future. That's what really propelled me to put my name forward. I truly believe that if Rotary districts and clubs use the Action Plan, we can thrive. It's

a future where there are many more Rotary members involved in service and fellowship.

What skills from your past professional life will you lean on as president?

I have a background in three different fields. I sang with a band when I was in college and for a few years after that. I had the experience of getting on stage and inspiring people, getting them to dance and have fun. It may sound simple, but it really did develop a set of skills. My second career was in higher education. I worked in college and university settings. For much of that time, I was helping students find careers and jobs. It was both fulfilling and eye-opening. My third career was as a self-employed person at my consulting and business development firm. I did a little bit of training and a whole lot of business development. I don't think there's any skill that we leave behind. They all become part of your package.

What was your band name?

The Harmoneers.

Will there be any Harmoneers music playing as you arrive onstage at any events?

No, I don't think so. I hope they'll be playing Robert Palmer's "Simply Irresistible."

You used that phrase earlier: "simply irresistible." Is there a significance to it?

That's what I want Rotary to be: simply irresistible. I'm hoping Rotary and Rotaract clubs will be simply irresistible to community members who have a heart for service and fellowship. They will use the Action Plan to assess where they are and figure out where they need to go. Hopefully the outcome is clubs that are more attractive and will retain more people.

Every club is different. There's not a cookbook that we can give to clubs and say, "Do this and you're going to be fine." Every club develops its own culture. Country to country, Rotary is done differently. You can have Rotary clubs in the same district that are very different. We need every club to take a moment, do an assessment, and look at the four priorities of the Action Plan. Then they must ask themselves, Is there something we can do a little differently, or are we already doing the best we can in this or that category? If you're already irresistible, then stay that way. But we have to attract people to our existing clubs, and we have to start new clubs. That's the way to grow Rotary and to have a future.

What's your theme, and how did you come up with it?

International News

Simply irresistible: President-elect Stephanie Urchick sees Rotary's Action Plan as key to a vibrant future

It's simply *The Magic of Rotary*. People can put any verb they want in front of it. *Believe* in the magic of Rotary. *Spread* the magic of Rotary. *Build* on the magic of Rotary. *Celebrate* the magic of Rotary. There are all kinds of words that we can use.

It came from a visit to the Dominican Republic. We were helping install a water filter in a home where a grandmother, a mother, and three little boys lived. We assembled the water filter and then put dirty water in it so that the family could see that it came out clean. The women learned how to use the filter, and we were getting ready to leave when one of the children grabbed my sleeve and said, "Show me that magic again." That caught me, and I thought: It is magic. We're helping create a change in their lives.

What will be your priorities as president, and why did you choose them?

Advancing the Action Plan to grow membership is at the top of my list. I love this organization, just like every member of Rotary whom I meet. I want Rotary to have a future.

My second priority is healing a divided world through Positive Peace. There are several ways to get involved. If everyone would live The Four-Way Test instead of just reciting it, we would have a more peaceful world. I hope clubs will rally around The Four-Way Test and use it in creative ways. And there is the peace pole project: Clubs can have peace poles erected in their local park, town square, or college campus. The message of peace on the poles is a visible sign to

the community that Rotary is a peacebuilding organization. Additionally, Rotary has a Positive Peace Academy, which is an online activity. Any Rotary member or non-Rotary member can take the time to go through that. And our Rotary Peace Centers are powerful activators in changing lives. We're opening a new peace center in the Middle East, in Istanbul. In February 2025, we will have a peace conference at that location. My final priority will be continuity. That means two things: all of us in leadership positions working with our predecessors and those who follow us. It also means looking at the things that clubs have rallied around and things that have taken root. Just because a president leaves office doesn't mean that you should drop a successful program. What would have happened if Rotary had abandoned its efforts to eradicate polio after Clem Renouf or James Bomar were no longer president?

One of your favorite mantras is "life is more interesting on the other side of yes." Can you talk about that?

Usually what I tell people is: "Say yes, and then just figure it out." "Hey, do you want to be newsletter editor?" "Yes." "Hey, do you want to be president?" "Yes." "Hey, do you want to do this?" "Yes." The only time I say no is if I follow it up with the word "problem." No problem. Life gives you so many opportunities. Say yes to them. You'll have time to figure out what to do next

This story appeared in the February 2024 issue of the Rotary magazine



District News

Club Qualifications



Dr. Peter ISABIRYE District Qualification Chair D9213 +256772306578/756306578 E-mail: drimpinc@gmail.com Skype: peter. isabirye4 Twitter: @isabiryepeterl

January 31st 2024

President Charles KAYONDO Rotary Club of Matugga D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Matugga is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Kindest regards





January 30th 2024

President Accram Nyenje NSUBUGA
Rotary Club of Kampala Life Stars D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Kampala Life Stars is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Dr. Peter ISABIRYE

Skype: peter. isabirye4

Twitter: @isabiryepeter1

District Qualification Chair Do

+256772306578/756306578

E-mail: drimpinc@gmail.com

Kindest regards

Peter Isabirye

District Qualification Chair D9213





ROTARY COMMUNITY CORPS

Certificate of Organization

This certificate recognizes that the Rotary Community Corps of

Gayaza, Uganda

(Established on: 21 January 2024)

has been organized and has agreed, through its members, to be bound by the guidelines and bylaws of the Rotary Community Corps program of Rotary International.

Sponsored by

Rotary Club of Gayaza, Uganda



PRESIDENT, SPONSORING ROTARY CLU

30 January 2024

REGILENT, ROTARY INTERNATIONAL

30 January 202

TE

Rotary

RI Awards <riawards@msgfocus.rotary.org> Reply to: RI Awards <riawards@rotary.org> To: kakairefn@gmail.com Fri, 2 Feb 2024 at



Dr. Peter ISABIRYE District Qualification Chair D9: +256772306578/756306578 E-mail: drimpinc@gmail.com Skype: peter. isabirye4 Twitter: @isabiryepeter1



To: New member sponsor

Dear Rotarian Fredrick.

I just learned that a new member has joined Rotary thanks to your sponsorship. I want to personally thank you for extending the benefits of Rotary to those who share our ideals and can help us make an even larger impact on the world.

Rotarians, like you, are people of action. And the action you have taken to invite a new member to Rotary is deeply appreciated. Please ensure that all new members are introduced to the countless opportunities to engage and get involved, so they will ultimately remain a valued member for many years to come.

Thank you again for helping to grow Rotary.

R. Gordon R. McInally 2023-24 President, Rotary International

P.S. I invite you to visit the Membership Society for New Member Sponsors and celebrate your fellow Rotarians who share your commitment to expanding our reach. When you've sponsored your 25th new member, your name will appear here as well. You can manage your preferences for displaying your name by going into your My Rotary Account Settings, under Sponsorship.

January 30th 2024

President Gerald Leslie ODONGO Rotary Club of Kitukutwe D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Kitukutwe is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Kindest regards

Peter Isabirye

District Qualification Chair D9213





ROTARY COMMUNITY CORPS

Certificate of Organization

This certificate recognizes that the Rotary Community Corps of

Gayaza Football Club, Uganda

(Established on: 21 January 2024)

has been organized and has agreed, through its members, to be bound by the guidelines and bylaws of the Rotary Community Corps program of Rotary International.

Sponsored by

Rotary Club of Gayaza, Uganda



PREMENT, ROTARY INTERNATIONAL
30 January 2024
DATE
76/45—6(2)

District News



Dr. Peter ISABIRYE
District Qualification Chair D9213
+256772306578/756306578
E-mail: drimpinc@gmail.com
Skype: peter. isabirye94
Twitter: @isabiryepeter1

January 30th 2024

President Gerald Leslie ODONGO Rotary Club of Kitukutwe D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Kitukutwe is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Kindest regards

Peter Isabirye
District Qualification Chair D9213



January 31st 2024

President Daniel OMARA
Rotary Club of Nsasa D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Nsasa is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Dr. Peter ISABIRYE

Twitter: @isabiryepeter1

District Qualification Chair D9213 +256772306578/756306578 E-mail: drimpinc@gmail.com Skype: peter. isabirye4

Kindest regards

Peter Isabirye
District Qualification Chair D9213

Dr. Peter ISABIRYE

+256772306578/756306578 E-mail: <u>drimpinc@gmail.com</u> Skype: peter. isabirye4 Twitter: @isabiryepeter1

District Qualification Chair D9213



February 05th 2024

President Robert ONYANGO
Rotary Club of Manyangwa-Nakwero D9213

RE: QUALIFICATION FOR 2023/2024

Following receipt of all the required documentation as per the email earlier circulated and in consultation with both the stewardship and grants teams confirming that your club has no outstanding reports or stewardship issues on any ongoing global grants, I am pleased to inform you that your club, the Rotary Club of Manyangwa-Nakwero is duly qualified for the year 2023/2024. Congratulations. Take advantage and partake of any global grants you may have had in the pipeline, share the good manners and kindly maintain your qualification status for this year.

Kindest regards

Peter Isabirye

District Qualification Chair D9213



Edward Kakembo Nsubuga

District Governor, 2023/24 Rotary International District 9213 m +256 782 888888

e nsubuga kakembo@yahoo.com

5th February 2024

Dear Club President/Secretary

RE: NOMINATION OF GOVERNOR NOMINEE 2024-25

Following Article 12 of RI Bylaws (RIB) (Manual of Procedures 2022), I would like you to submit names for District Governor Nominee for 2024-25. Article 12.030.3 of RIB states that the suggestions shall be submitted in the form of a resolution adopted at a regular meeting of the club naming the suggested candidate. The resolution shall be certified by the club secretary. A club may suggest only one of its own members as a candidate for governor-nominee.

District Executive Secretary Gerald Obai +256 772 305621 lekobai@gmail.com

strict Planning, Implementation, vlonitoring and Evaluation Chair Phyllis Kobukindo Kwesiga +256 772 439828 kob_phyllis@yahoo.com

> District Treasurer Geoffrey Kitakule +256 757 700777 gkitakule@gmail.com

District Conference Chair Robert .H. Kiggundu +256 752 407968 robkiggundu@gmail.com

District Conference Treasurer

Deo Kyambadde
+256 775 109503
dk5@myself.com

District Rotary Foundation Committee Chair Francis Xavier Sentamu +256 752 252828 xsentamu.rotary@gmail.com

Lieutenant Governor

David S Nsubuga

+256 772 425668
dns@promoteuganda.com

District Governor's Personal Secretary Ethel Mamawi - Kayongo +256 77 2 618374 brethmam@gmail.com A fundamental principle of Rotary is that the best-qualified candidate should be selected for service in elective offices. Article 13.010 of RIB prohibits any effort by a candidate, a candidate's supporter, or any Rotarian to influence the selection process positively or negatively, including but not limited to campaigning or canvassing.

Please note the qualifications of a Governor Nominee as stated in the Manual of Procedure (MOP 2022) Article 16.010, page 43 and summarised below.

Unless excused by the board, the person selected as a governor-nominee shall at the time of selection:

- a) be a member in good standing of a functioning club in the district.
- b) have served as president of a club for a full term or as charter president for at least six months.
- c) demonstrate willingness, commitment, and ability to fulfil the duties and responsibilities of a governor in section 16.030
- d) demonstrate knowledge of the qualifications, duties, and responsibilities of governor as prescribed in the RI Bylaws, and
- e) submit to RI a statement that the Rotarian understands those qualifications, duties, and responsibilities, is qualified for the office of governor, and is willing and able to assume and faithfully perform those duties and responsibilities.

Minimum Application Submission Requirements

- Governor Nominee Data form completed by the Clubs and candidates (attached).
- m +256 782 330 943
- w www.rotary9213.org



- Club resolution duly signed indicating club approval of candidate nomination.
- CV of the candidate clearly outlining compliance to the qualifications mentioned above.
- iv. Certificate of Qualification: a signed statement that the Rotarian clearly understands such qualifications, duties, and responsibilities of a Governor. Such a statement shall also confirm that the Rotarian is qualified for the office of governor and willing and able to assume the duties and responsibilities of that office and to perform them faithfully.

The Nominated person must fulfil the requirements in 16.020. (Qualifications of a Governor) which states that "unless excused by the board, a governor, when taking office, must have attended the international assembly for its full duration, have been a Rotarian for at least seven years, and continue to possess the qualifications in section 16.010."

The above application should be sent by the club secretary or president to the **District Governor only at** nsubuga.kakembo@gmail.com before 5:00 pm, Friday 5th April 2024.

Yours in Rotary Service,

Edward Kakembo Nsubuga

Teplo

DISTRICT GOVERNOR

Club & Community News

SUSTAINABLE INNOVATION IN UGANDA: A Paradigm Shift Through Environmental Integration. By Rtn. Daniel Katakaya Magandazi

he Ugandan business landscape continues to undergo a pivotal metamorphosis. With businesses going beyond mere economic success, a growing number of businesses are embracing eco-centric innovation, thereby strategically weaving environmental values into their fundamental fabric. Innately, they are driving a paradigm shift, which highlights their potential increased competitiveness and long-term value creation.

Resource efficiency is the emerging cornerstone of sustainable innovation. The adoption of circular economy principles minimizes waste and maximizes resource utilization. Businesses are able to reduce operational costs and enhance brand image. Coffee farmers' cooperatives making compost from husks exemplify this shift, and not only mitigate waste but also fuel future agricultural productivity. Renewable solutions reshape the energy landscape. Sunshine harnessing using solarpowered irrigation systems, bolsters agricultural resilience and mitigates dependence on fossil fuels. Moreover, the utilization of solar panels and biogas digesters illustrates this trend, serving the environmentally conscious consumers.

Data-driven insights weave a crucial thread. Businesses leverage technology in tracking their foot print on the environment. Sensors can be employed in smart agricultural solutions, optimize resource utilization through mobile apps, which leads to higher yields and reduces the environmental footprint. Such a data-driven approach is essential in underscoring the strategic value of sustainability, driving efficiency and profitability. The use of collaborative partnerships accelerates progress. Businesses should engage with communities, like Rotary clubs, research institutions and NGOs, to foster knowledge sharing and collective as well as action. Such collaborative approaches, exemplify the shift through activities such as joint waste management programs and tree-planting initiatives. This strengthens community engagement, social responsibility and amplify the environmental impact.

In conclusion, Uganda businesses should embark on the transformative journey, of integrating environmental values into the core of their practices. Diminishing the cost of sustainability acknowledges it as a longterm strategic investment, there by driving the paradigm to success. Through embracing renewable energy, resource efficiency, data-driven insights, and collaborative partnerships, Ugandan businesses develop an environment, where sustainable responsibility and economic prosperity remain intricately intertwined.

Rtn. Magandazi. D. Katakaya is a PhD Candidate and a member of RC Semuto



Club & Community News

Hands that weave peace By Isabel Orozco Álvarez

n Colombia there is a conflict between armed groups that is more than 70 years old. Because of this conflict, thousands of people have been violently displaced from their homes and lands. Generally, they leave the countryside and go to the city.

In most cases, the mother is the one who survives the violent attacks. She becomes a widow who must look after her children.

These mothers, who used to

cultivate the land and raise animals with their hands, now do not know what to do with them because these skills are useless in the city.

Their hands are empty and they live in poverty.

Gladys, Amparito and Ana Belén are three of the women who came to live in Granizal, on the outskirts of Medellín. Many look at them and see people who have strange dress or speech, or who could be dangerous. However, they are women of faith: courageous and loving. They have embraced hope, even as they struggle to erase from their hearts the scars left by exile, abuse and violent loss.

They belong to the group Mujeres de la Memo-



ria (Women of Memory), and together they have found in art a simple way to express what hurts them. With needle and thread, they weave their memories of the countryside, their painful past and their dreams.

As they weave, they think and talk about their new roles in the community. They see themselves as women bearing the image of God, who can use their hands to knit peace and reconciliation with themselves and their neighbours.

A bird nesting in a tree: one of the tapestries created by the ladies in the Mujeres de la Memoria group. Photo: Isabel Orozco Álvarez

Isabel Orozco Álvarez is a theologian and artist in Medellín, Colombia

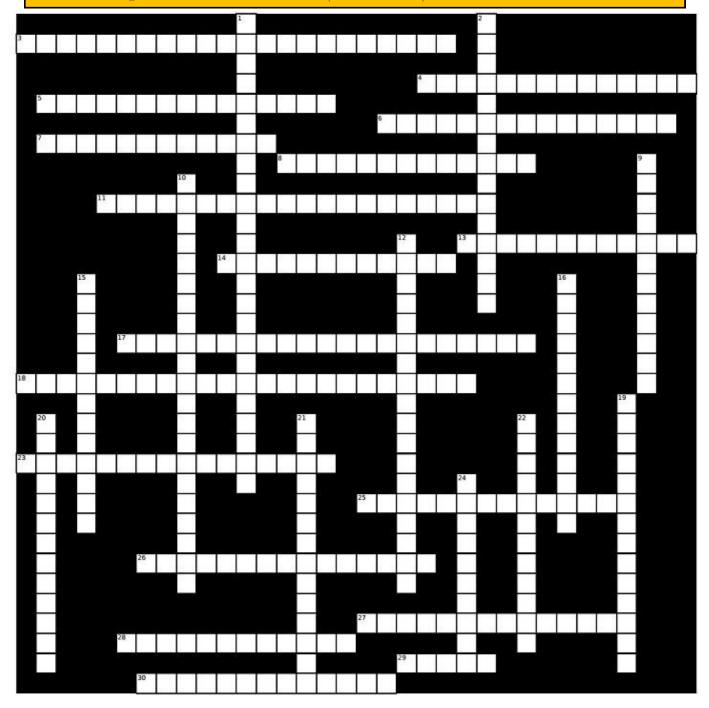


The Four-Way Test

of what we think, say or do

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build good will and better friendships?
- 4. Will it be beneficial to all concerned?

Hope Creator Presidents (Part 2 of 4) - Cross Word Puzzle



Across

- Kampala Naalya
- Kampala Impala
- Kampala Maisha
- 6 Kampala Ssese Islands Kampala City
- 8 Kabulasoke Gomba
- 11 13 Kira
- 13 Kampala Naguru 14 Katakwi
- 17 Kampala Life Stars
- 17 Kampala Life Stars
 18 Kasana Luwero
 23 Kampala Morning Stars
 25 Kampala Kawempe
 26 Kampala Palms
 27 Kampala Springs
 28 Kampala Kibuli
 29 Kigumba

- 29 Kigumba
- 30 Kasangati

Down

- Kampala Early Bird
- Kampala East
- Kampala Sunshine
- 10 Kasubi
- Kampala Metropolitan
- 15 Kampala Central
- 16 Kampala Day Break 19 Kampala West
- 20 Kiboga
- 21 Kayunga 22 Kampala North
- 24 Kampala South

The Rotary Norms (English/Luganda)

English	Luganda		
Rotary Grace	Okwebaza		
Lord God, we thank you for the good	Mukama Katonda, tu kwebaza olw'emikwano		
company and pleasant conversations of	n'embozi empomu gyetulina neba na Lotare		
our fellow Rotarians and guests.	n'abagenyi baffe.		
May we be always thankful and ever	Otubeere okwebazanga n'okujjukira abo abali		
mindful of the needs of others	mu bwetaavu.		
Amen	Amiina.		
The Loyal Toast	Okwagaliza		
Fellow Rotarians and all our guests, let	Ba na Lotale n'bagenyi baffe, twagalize		
us toast to the good health of the	Pulezidenti obulamu obulungi.		
President.			
	Okudamu		
Response	Eri ow'ekitibwa Pulezidenti w'eggwanga		
To his excellence the President of the	Uganda.		
republic of Uganda.			
The Four Way Test of the things we	Oku gezesebwa okwe'mirundi ena mu bye		
think, say or do:	tulowoza, bye twogera oba bye tukola:		
 Is it the truth? 	 Ge mazima? 		
2. Is it fair to all concerned?	Bwe bwenkanya eri abo		
Will it build goodwill and	bekikwatako?		
better friendships?	Kinazimba okwagaliza okulungi		
 Will it be beneficial to all 	n'emikwano emisukulumu?		
concerned?	 Kinaba kya mugaso eri abo be 		
	kikwatako?		

The Object of Rotary The Object of Rotary is to encourage is

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1st The development of acquaintance as an opportunity for service;
- 2nd High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3rd The application of the ideal of service in each Rotarian's personal, business, and community life;
- 4th The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Ekirubilirwa ky'a Lotare kwe kuzzamu amanyi n'okutumbula endowoza y'obuwereza, naddala, okuzzamu amanyi n'okutumbula:

- Ekisoka, enzimba y'okumanyagana nga omukisa gw'obuwereza;
- Eky'okubiri, omutindo ogwe'kika ekya wagulu mu milimu ko n'obukugu; oku siima omugaso gw'emilimu emirungi; n'okusamu ekitibwa omulimu gwa buli mu na Lotale nga omukisa okuwereza abalala;
- Eky'okusatu, enkola ey'endowoza y'obuwereza mu bulamu bwa buli muna Lotale, mu milimu gye, ne mu bitundu bya ffe;
- Eky'okuna, entumbula y'okutegera ku mutendera gwensi yona, okwagaliza okulungi, n'emirembe okuyita mu bwa sseruganda munsi yona, ey'emilimu, n'obukugu bw'abantu abegatidde mu ndowoza y'obuwereza.

in the ideal of service.	
Final Toast	Okwagaliza Okusembayo
let's toast to Rotary International	ka twagalize Lotare eyensiyona
Response	Response
To Rotary the world over.	Eri Lotare ebuna munsi yona

Edutainment Corner

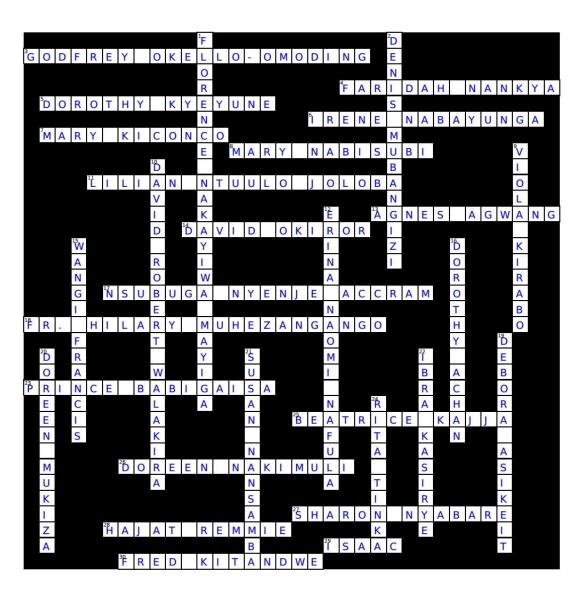
Story of the Month

After checking the licence of the driver he'd stopped, the police officer comments. 'It says here you're supposed to be wearing glasses.' 'But Officer,' said the driver, 'I've got contacts.' 'I don't care who you know,' snaps the officer. 'You're breaking the law.'

Quote of the Month

The greatest predictor of a child dropping out of school, committing crime, or going to prison is a home without a dad.

Dennis Rainey



Advertisements





SINGAPORE | 25-29 MAY 2024

When the Rotary family comes together for the 2024 Rotary International Convention in Singapore, we'll share ideas, friendship, inspiration, and hope — with each other and the world!

Register and pay by 15 December 2023 before prices increase.





Our Photo World







Make A Date with A Club

Time:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM		Kampala Early Bird	Kampala Sunrise	Bugolobi Morn- ing Tide Kampala Maisha	Kampala Day- Break	E-Club of Ntinda Kampala Morning Stars	
						Kibuli	
8:30 AM							Kampala Morning Glory
12:40 PM					Kampala		
12:45 PM		Mengo					
1:00 PM		Jinja City	Rubaga	Kampala West			Kampala City
3:00 PM	Sonde			Yumbe			
4:00 PM	Kiwenda						Bukedea
5:00 PM	Bulindo Gayaza Kyanja Metro Semuto		Kabulasoke Gomba				
5:30 PM				Tororo			

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 PM		Kampala North	Acacia-Sunset- Kampala	Arua	Bugiri	Bweyogerere Cen- tral Kampala 7 Hills	
		Kampala South	Iganga	Jinja	Fort Portal	Kampala Kawempe Kampala Kibuli	
		Njeru	Kampala Wandegeya Soroti Central	Kabarole	Gulu	Kampala Metropol- itan Tororo Sam Owori	
			Kihihi	Kampala-Central Kasana-Luwero Kigumba	Hoima-Kitara	Kireka Movers	E-Saturday
			Kololo-Kampala	Kumi	Kampala Springs Kayunga	Nkumba	E-Saturday Evening Jazz IF
			Lira	Lugogo Mango Tree Koboko	Kampala Ssese Islands		
			Makindye	Metro	Kitante		
			Masindi	Mubende	Kitgum		
			Mbale	Nansana	Mbale Metro- politan Source of the Nile Tororo		
			Wobulenzi	Ntungamo			U
6:30 PM		Nakawa	Bweyogerere- Namboole Butabika Royals Kampala- Impala Kyadondo	Rotary eClub Literacy IF		Naggalama	
6:45 PM				Kyambogo- Kampala			
		Kampala – Naguru	Arua Eco City	E-Club of Nagu- ru	Bugolobi	Kampala Palms	
		Kampala Mun- yonyo	Bukoto	Kira	Gaba	Kasubi	
		Kasangati	Buloba	Kiwatule	Kampala	Kiteezi	
		Mukono Cen- tral	Kampala Naalya	Mukono	Kampala East	Manyangwa Nakwero	
7:00 PM		Namasuba	Kiboga		Makindye West	Ntinda	
			Kisaasi-Kyanja		Najjeera		i)
			Lugazi Central		Namugongo		
					Nateete		
					Nsasa		ı.
					Ntinda Metro- politan		
					Seeta		
					Wakiso		

otary is the world's first service organization, made up of nearly 33,000 clubs in more than 200 countries and geographical areas. Its members, called Rotarians, are ordinary men and women from business, community and professional backgrounds, impassioned with the desire to serve their communities and the world by volunteering their time, treasure and talent.

Rotary's motto, *Service Above Self*, exemplifies this humanitarian spirit to the rest of the world.

As RC Semuto, we joined this amazing family of Rotary on 15th May 2023. For now, we are the only club in Nakaseke district positioned to serve far-flung parts of other neighboring districts like Luwero, Wakiso, Nakasongola, Masindi, Kyankwazi, and Kiboga.

Semuto and its environs was battle ground to the 1980-85 war where thousands of lives and property were lost. Consequently, the community is yet to fully recover in almost all areas of life including basic education and literacy; water and sanitation; conflict management, and fighting diseases, etc.

In joining Rotary, you are joining people of action who unite to create lasting change across continents, communities and in ourselves.

For advertisements, inquiries or contributions, please connect with us via:

Email: the bill boardrese muto@gmail.com

Whatsapp: 0705-090227/0775-409914/077-4388334

Rotary 🍪

ı

ı

International Fellowship for Family Rotarians



What?	Invitation to join and form the International Fellowship of Family Rotarians				
Why?	Families are increasingly becoming dysfunctional due to fractures inflicted at home - leading to ills like the unfolding Boy Child Crisis with political and socioeconomic implications. The primary purpose for IFFR therefore, is to leverage international friendship to strengthen families, communities, and the global society.				
Who?	Rotarians, Rotaractors and all with a common interest to strengthen family life				
Contact?	HCP Kakaire Fredrick Nyende, Rotary Club Semuto. Ph: 0752-222-822 Whatsapp: 0774-388-334 Email: kakairefn@gmail.com	District Chair Blessing Owomugisha, Fellowships and Action Groups. Ph: 0784-437-870	AP Moses Ssebagala, Rotary Club Kasangati. Ph: 0772-437-615 0775-437-615		
Creating and Keeping the Hope Sustainably					